

PLACEMENT DAY ITINERARY

Parent Meeting

Training Session

M14HOOPS STATS

Founded September 23, 2009

2016 We started our second location here in Indy

Recently expanded to Milwaukee, Salt Lake City, Detroit & Toledo

Helped families save over \$1Million in athletic scholarships

A few M14Hoops Chicagoland Alum:

A few M14Hoops Indianapolis Alum:

Emily Eshoo – Bradley University Dre Davis – Seton Hall University

Faith Suggs – Duke University Nijel Pack – University of Miami

Josh Ruggles – Grace College CJ Gunn – Indiana University

Ray J Dennis – Toledo University Syd Parrish – Indiana University

Malik Hall – Michigan State University

Alyssa Crockett – University of Michigan

Rachael Ross – Radford University Meg Newman – University of Alabama

We care and we celebrate all our players! Character development and life skills are equally as important to us as their success on the court. It matters!

BUSINESS MODEL: RESULTS & QUALITY

We pride ourselves in getting results! This is achieved by placing players in the right environment to advance their development.

What matters to us:

Commitment level – basketball is a tomorrow sport, you have to work TODAY!

Accountability – all stakeholders have a vital role to play!

Rules – must be followed!

Honesty + Integrity + Respect – winning combination!

Quality matters!

Placement Day: The What and Why

Placement Day is our try-out for the M14 Academy. This is our way to ensure quality as we are able to observe who is not only interested but also committed. This is the fairest way we have found to assess growth and talent from season to season. Players are evaluated based on skill and talent in hopes of being placed in one of our M14 Academy classes. This means that not everyone will be placed. Each Academy Season, spots are *earned* which means all players must be evaluated before the preceding Academy Season.

If your player is not available for their official Placement Day, we do offer make-up evaluations. All players must be evaluated by August 7th to be considered in the first round of invites. If an alternate date is needed, please contact us at indyinfo@m14hoops.com.

M14 Academy



- 12-weeks total (Divided into 3 Parts)
- Each Part covers 4-weeks (8 sessions)
- Weekly makeup session. All makeup sessions will be on Fridays.
- Difference in classes: At each grade level we divide based on ability.
- Progressive Program: Each Session & Part building on the next.
- IQ/Mentality Training
 - Competitions (1on1, 3on3)
 - Helps us address body language, listening, adversity, and "being a star."
- Skill progression correlates with each player's needs.
- Other perk: Automatic invite into the Winter Overtime (Nov-Feb)

CURRICULUM

- 1-Day: Ball Handling (Creating Space, footwork, attack moves, handling pressure)
- 1-Day: Shooting (Footwork, shots off dribble, catch & shoot, form shooting, moving w/out ball)
- Last week of each month we will work on translating the skills learned in live game situations playing 1 on 1, 3 on 3, & in some classes 5 on 5

During the fall, the Academy is divided into 3 Parts. Each Part will consist of 4 weeks. For the first 3-weeks of each part 1-day will be dedicated to ball handling, and the other day will be dedicated to shooting. Then for the last week of each part we show the players how to translate the skills they learned in live game situations playing 1 on 1 and 3 on 3.

Our philosophy is to introduce a move to a player, show them 'how' to do the move and 'why' they are doing the move. After that we want that player to get as many repetitions as possible doing that move at the correct pace.

Each week we build on our moves and concepts, so attendance is expected. Players in this program do need to purchase our Player Package which is our Academy practice jersey. Players are required to wear their Academy Practice jersey to every Academy training session.

FALL A.T.P OVERVIEW

- Starts the week of August 7th! Ends the last week of October.
- All Players must be evaluated for this program.
- 12-week commitment starting in August ending in October
- 2 sessions a week with a weekly make up session on Fridays.
- We WILL NOT have a session on Labor Day
- 90-minute sessions each class
- Players are divided into divided into different classes based on skill and talent.
- Progressive Program: Each session building on the next
- 10:1 Player to Coach Ratio
- Curriculum Overview: 1-day ball handling; 1-day shooting; last week of each month translation
- Players need to bring their own basketballs.

IT WORKS!

After 12 weeks of training expect to see RESULTS 97% of all players who train in our Academy make the grade level team. That percentage increases as the length of time increases that a player has trained with us. The Academy Program stresses skill but also life lessons that will help your player on and off the court. We believe in discipline, structure and creating a positive environment that appropriately challenges players. It works!

Through the M14 Academy, our goal is to make practice skills transferrable into game play.

We are continuously growing and learning.
We have upgraded our training program to reflect these new concepts.

ACADEMY TRAINING PROGRAM FEES: \$285 per Part (\$855 Total)

12-week program broken down into two 4-week parts (Part = 8 sessions)

PLAYER PACKAGE: \$20 Academy Practice Jersey

REGISTRATION

On Friday, July 21st the Placement Day results will be emailed, and your 3-day (7/21 - 7/24) private registration window will open.

Spots will not be held after the third day and waiting list participants will be contacted.

After the initial registration the 2nd & 3rd installments will be automatically deducted from your account on the following schedule:

Part I: July 21 - 24th

Part II: September 1st

Part III: October 1st

COMMUNICATION: Email and website

Urgency – most M14Hoops items are extremely time sensitive and require immediate action

ACADEMY CLASS SCHEDULES YOUR PLAYERS ACADEMY GRADE LEVEL PAGE!

SUNDAY SKILLZ

This program will allow any player to stay sharp while committed to other activities during the fall months. Each session will be divided into two 45-minute segments: ball handling and shooting. During the ball handling segment, we will work on creating space, footwork, attack moves, and finishing moves. During the shooting portion we will work on footwork, shots off the dribble, catch and shoot, form shooting, and moving without the ball. Sunday Skillz is a great way for your player to stay sharp during the fall season. Players DO NOT need to be evaluated for this program.

Grades: 4th-12th Boys & Girls

Time:

- 4th-7th Grade Boys & Girls @6:00-7:30pm
- 8th-12th Grade Boys & Girls @7:30-9:00pm

Dates:

August: 13th, 20th, 27th
 September: 10th, 17th, 24th

• October: 1st, 8th, 15th, 22nd

Registration now open! Our Sunday Skillz class has sold out the last 3 years. If your are interested in your player participating get them signed up ASAP. For more information and to get your player signed up today <u>CLICK HERE!</u>

PRIVATE LESSONS

All private lessons are done on an appointment basis through our reservation app that can be found on our website. Our Private Lesson hours are Monday-Friday between 3-5p (last start time 4pm). Each lesson is 60 minutes in length and conducted by one of our Certified Trainers. CLICK HERE to book a private lesson today!



